



Advanced Training for Mastery Coaching

Accelerate your coaching
competency to create a

deeper and
more meaningful
conversation

2nd Level
Transformative Coaching

LEVEL 2

ICF-ACCREDITED
COACHING EDUCATION

CoachMastersacademy
Inspires Positive Change, Develops World-Class Coaches



ACCELERATE Learning Track

You can expect to complete the training within 24 weeks.

1 Pre-Course Work

Complete pre-course reading and a reflection paper.

2 Learning Lab

10 sessions @ 2 hours per session

Gain a deeper conceptual understanding to create a perspective shift in thinking to create a more meaningful conversation that delivers impactful coaching outcomes.

3 Competency Lab

10 sessions @ 2 hours per session

Using a structured framework, you will understand the benchmark to demonstrate your coaching competency at a higher skillset.

4 Peer Practice

5 Practices @ 2 hours per session

You will have a chance to put into practice the knowledge you have gained and receive valuable feedback on your learning progress.

5 Practical Lab

10 sessions @ 2 hours per session

To better understand how the principles are applied in the coaching conversation, a case-study approach is very helpful. By observing real-life scenarios, you can gain valuable insights on how to enhance your skillset.

6 Mentoring Session

3 mentoring sessions
90 mins per session

Receive one-to-one mentoring sessions to bridge any learning gaps and, at the same time, identify growth opportunities for improvement.

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LEARNING LAB

Module A **Applying the Transformative Shift Principle**

Nurture thinking and make it visible is at the core of this module. It examines how meaning is constructed in parts forming the whole. You will develop advance competence in attending and responding in the moment and expanding their listening capacity.

| Inter-Connectedness | Integrative Whole Concept
| Triple Loop Theories | Emergent Understanding



Module B **Facilitating Clarity**

Clean and Metaphorical Language process is a technique designed to enable clients to discover more about their inner world and how they construct meaning. It will provide an opportunity for participants to explore the power of clean language metaphor and to practice specific ways to use them effectively in the coaching conversation.

| Clean Language | Metaphorical Language | Practicing Shift



Module C **Evoking Awareness**

This module lays the foundation for creating deep transformation for the client. You will be guided through creating a shift and directing your awareness inward to focus on the present moment. This state of being allows us to suspend our agendas and judgments and witness the experience as it unfolds.

| Authentic Presence | Nurturing the Way of Being

COMPETENCY LAB

Using a structured framework, you will gain understanding on the benchmark to demonstrate your coaching competency at the PCC skillset.



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PEER-TO-PEER PRACTICE

You will have the opportunity to integrate your learning and practice your skills in a safe learning environment with your peers, supported by Student Mentors who are graduates from the academy. This platform will provide you with rich interaction and learning from the diverse backgrounds and cultures within the group.

PRACTICAL LAB

The purpose of supervised practical coaching is to integrate your classroom learning into real-life situations. This learning is two-fold, you demonstrate coaching at the advanced level, and you gain a complete understanding of the PCC marker.



Advanced Training Schedule for Mar 2025

Virtual class: 3pm or 8pm Singapore

Learning Lab

Mar – Apr 2025

13, 14, 20, 21 Mar Applying the Transformative Shift Principles
 27, 28 Mar & 3 & 4 Apr Facilitating Clarity: Clean & Metaphorical Language
 10 & 11 Apr Evoking Awareness

Competency Lab

Apr – May 2025

24 & 25 Apr Integrative Approach & Establish Coaching Agreement
 1 & 2 May Cultivate Trust & Safety & Practice Session 1
 8 & 9 May Maintain Coaching Presence & Practice Session 2
 15 & 16 May Listen Actively & Practice Session 3
 22 & 23 May Facilitate Learning & Growth & Practice Session 4

Peer Practice

Jun 2025

Practical Lab

Jul – Aug 2025

Mentoring

Jun – Aug 2025

Transformational Coaching Program
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